

Fabric Of Life

Multidimensional Map of Reality

(C) Copywisely

AUTHOR: Natalie Zeituny

www.nataliezeituny.com

info@nataliezeituny.com

August 2009

VERSION: 1.0

Table of Contents:

ABSTRACT

Reality, Energy and Consciousness

Our Body - Our Vessel

Accessing Realities

Masters of Creation

Managing Power

The Future of Planet Earth and our Health

Intimacy, Presence and Liberation

The Future of Leadership

Language and Communication

SUMMARY

ABSTRACT

Humanity and the Earth are entering "the consciousness age;" a new age in which consciousness is the dominant field, vehicle and language which allows all beings to create and experience realities. That consciousness field is experienced and enhanced through "ways of knowing" like art, science, technology, philosophy and spirituality and through intimacy with all "ways of knowing" and their corresponding intelligence. We can now "consciously" design, create and enter realities through the ways of "knowingness" available to us all over the world.

The deeper, wider and higher the consciousness of the vessel carrying the consciousness the more possibilities for reality creation, experiences and permutation available in all directions: internally, externally, individually and collectively; which satisfies the impulse of life's emergence; a powerful driving force and key factor in the "being and becoming" construct of life.

Unique to the "consciousness age" is the deepening understanding of the nature of reality as energy arranging itself around consciousness, there is one continuum of reality with no separation between our inside thoughts and outside reality. We, "master creators" "play" with creating reality while experimenting with it's elements such as matter, energy, vibration, intention, will, focus, flow etc. When the "being" is centered and grounded in its physical vessel, it finds it's highest potential and emergent power to experience, create and manifest realities. A sophisticated value system based on mutual respect and coexisting with other systems is critical to our survival.

Reality, Energy and Consciousness

Constructs of reality expressed in any creative way (be it through science, technology, art, philosophy, story telling, movies, architecture) are just a map of reality and those maps, no matter how accurate they may be, can never completely and utterly describe the territory of what is actually happening. Since what is actually happening is taking place in multiple realms of existence and any interpretation of any reality depends on the perspective of who is experiencing that reality.

The construct of reality offered in this essay has been influenced by my learnings, experiences and exploration in the field of science, quantum physics, systems thinking, eastern and western philosophy, Ken Wilber's Integral Theory, energy and the healing medicine, reiki, clairvoyant training, Akashic Records, Shamanic trans-states, sacred texts, poetry, dance, music, yoga, business management, Information Technology experience and my deep rooted inquisitive desire to express a model for the nature and essence of life (I am an engineer after all).

Reality is a "space to be experienced" (reality does not exist if there is no "experiencer"). It is an energy arranging matter and particles around consciousness; choosing patterns in which to manifest around and through consciousness. With our vessel (human-

being-body) we have the capacity to choose to enter any reality by simply becoming present with the momentarily constructed reality right here right now. We are now the dancers in that invisible ocean of realities. We are **reality creating machines**.

Everything and everybody holds a piece of the truth. Everything we think about, see, imagine to be, or travel into is a true expression of life. Every grain of sand, idea, dream, vision, fear, story, music, pain, suffering, scientific fact, mathematical theorem, biology, chemical equation, physical, emotional, mental or spiritual manifestation is a piece of reality. There is no such thing as “virtual reality” or a dream or science fiction, or a fiction novel that is less than real. **Any expression creates forms, which represent a truth or a perspective about reality.** Life expressions and realities are alive and interconnected. We impact reality in our daily doing, and mere being; our thoughts, beliefs and emotional systems emoting energy waves in all directions as part of an unfolding field of consciousness. The more we learn, experience and know about energy and consciousness and become intimate with the essence of these mechanisms operating as a creative force of life, the better capacity we have to participate and direct ourselves, our communities and our world. Through the depth of our awareness we can shift our entire existence from a fear, scarcity paradigm to a loving-creative-insightful-joyful-abundant paradigm. This is an invitation to join the game of reality creation, of life creation.

This essay is a glimpse into what is possible; a chance inquiry into the collective dream and possibilities it offers. The more you take in the possibility and the invitation the more you can embody it in your form: your body-form, kids-form, art-form, conversation-form, relationship-form, prayer-form, manufacturing-form or business-form. Anything you see, feel, hear in and around you is a manifestation of energy arranging itself around consciousness created. Your internal consciousness is made up of your internal “knowing” intelligence and the collective consciousness of the collective, the city, the congregation or the community; all impacting what emerges out of you. I invite you to intimately connect with what your internal consciousness is suggesting. You are the master planner, the master farmer, the master seed planter, the master creator of your life and of the life you see around you. A slight shift in consciousness can yield a tremendous opening into who we are becoming.

Our being is called to emerge as a new spiritually conscious machine. We are called to create new capacities to receive and process information and then create and access new realities. This essay explores the relationship between our selves and our awareness of our awareness of consciousness as the essence that is paramount in our evolution. This expansion of awareness of consciousness holds the key to our capacity to create and access new realities and new worlds.

More awareness brings a higher capacity for inner and outer guidance; a higher capacity for guidance brings more influence on realities created and experienced; more influence brings about new movement, new language, new collectives, new emergence.

During this process of developing deeper, wider, higher consciousness we develop relationships **with new forms** and become intimate with reality in a very different way. We learn to be present with what is operating internally and externally, individually and collectively. Once we learn the art of being utterly present with what arises guiding our attention to mastering our mind chatter and ideas, through meditation, different healing modalities and transmutation of energy we become a pure vessel of becoming; a pure vessel of creating; a pure vessel of joy in intimate relationship with the universe.

Learning to design, build and operate machines allowed us access, creativity and experiences in the industrial age. Learning to infuse our intelligence into computers through programming of hardware and software allows us access, creativity and experiences in the information age. Now with the consciousness age coming to it's peak in the next few years, we are learning how to access, create and experience reality through the playful exploration of consciousness, energy and reality creation herself. Learning to weave existing systems and paradigms of spirit, art, technology, philosophy, business and architecture we consciously create new realities to live into.

This is a vision for humanity as it closes in on the consciousness age.

Our Body- Our Vessel

We are on the leading edge of accessing realms and dimensions of possibility where our species has to learn the basic foundations and premises of conscious evolution. First, we are consciousness and energy that solidifies into matter. Second, objects in every reality can become aware of other objects which broadcast and influence in those realms. Third, body-being vessel can allow us to create, enter, alter, and broadcast in any reality of our choosing. We have developed that incredible piece of art called “the human being-becoming” who is an emerging conscious co-creator in this game. In order for us to truly become beings that can access and create worlds, we have to master the wisdom of energy and consciousness and matter (which is the substance of our planetary game here)

We are coming to an unfolding of evolution; a time and place in which we are on the brink of breaking through and adopting the creation capacity on a regular basis, not just in an “a-ha” moment or in an ecstatic altered state or a “good luck.” We are developing a muscle in which we can re-produce or re-access or re-create consciously as we wish. It is so critical that we learn to master all of our bodies (physical, mental, emotional, spiritual, etheric, etc.) and all the energetic and conscious systems within and around our bodies. Mastering our being as a system of interconnected systems of consciousness allows us to “know them inside out.” That knowing brings more health, more well-being, more balance, more creativity and more vitality as we master the art of life.

For example, if a person is not in touch with their physical body's needs in terms of what foods they eat, how much sleep they desire and what kinds of physical movement they

need chances are their body is not a seamless machine and will deteriorate. Emotionally, what happens if all those emotions inside of us are running the show? You come home, you're angry, you slash around, throw things out—we have to learn to understand the emotions we're having; how to process them, how to transmute our emotional pain from our childhood and from previous or past life events and memories. If you're picking up an emotional event that happened at some point in your history and it's impacting your emotional system and has control over you, your perspective about life is impacted by the pain, fear, doubt and resistance to that event. Clearing your emotional system from such events is vital to experiencing pure consciousness and pure presence. **The optimal place for creativity, power and self-expression is pure presence.** Enacting the tremendous powers we have been given on top of wounds and pain and unresolved events in the past lead to the blind pursuit of power, domination and control and is destructive to the evolution of life. Emotional healing (transmutation of energy) and emotional integrity are critical to the continued evolution of life on earth.

Our spiritual capacity consists of the ability to access higher realms or realms beyond the five senses and recognize the “life force” creating itself; a recognition of the interconnected-ness and sacred-ness of existence. That recognition, that perspective has the power to raise your vibration such that new realms of reality are available to experience and create from. Those new realities (higher than the 5 senses) contain unique laws that govern that reality. The more we learn about the qualities of our “life force” and develop relationships with and mastery of the higher realms the more creativity and potential for evolution we have.

Accessing Realities

You can become aware of infinite numbers of realities that you can chose to enter through your awareness of them. The world is infinite, time is not linear (the concept of time is a human concept)—everything is open to the possibility of being experienced right now. All realities, all times, all places, all people exist right now right here in their infinity, their multiplicity and their multi-dimensionality; like a hologram of a hologram. Everything exists right now. As humans we can choose to access a dimension, a vibration, a world, a place, a time based on where we put our intention and attention. We can then communicate about our experience and create in those realities through stories, ceremonies, art, science and technology as a manifestation of our consciousness in the physical realm.

Humans are a species that can communicate and convey messages in a sophisticated way. In reality there is no separation between our inside thoughts and outside physical reality; it's just one continuum world. All the possibilities in of the past, present and future are existing right now and we as humans have evolved to a place where we can access those worlds and possibilities, shape them and influence their unfoldment. **That's extraordinary!!** Any physical matter or essence that exists has this capacity. An animal can do this and a rock has that access. But rocks and animals have not developed the capacity to create and communicate in that realm. If they have, then we

humans have not developed the capacity to access that creation, see it or experience it. It's possible that everything around us can have access to all those events and worlds.

Masters of Creation

A few years before July 20, 1969 Kennedy decided to put a man on the moon. That intention and vision led the nation to spend money, resources, and effort, and after a few years the technology was created to make the dream happen. That is the power we are becoming aware of in this shift in consciousness we're experiencing right now. Today we have scarcity of food, water, and energy. In declaring a new vision to live into a world is possible that has an abundance of resources to support all of the species living on this planet. It is the intention that organizes events and efforts and money and projects and programs and technologies to allow the vision to happen.

When we understand and are clear about our intention, the universe will begin rearranging its energy around consciousness as the core, the intention, the will and the desire. As it happens with everything—plants, rocks and minerals in the animate and inanimate world—the first thing that emerges is a desire. The rock is called to be a rock, and that desire organizes different densities of energy to create and manifest a rock in the physical realm. There are multiple realms and different dimensions, in addition to the physical realm (which is the densest), that allow us to create an expressed reality. Those dimensions have different densities, or different forms, or playgrounds, or fields of energy in which they manifest themselves. Sometimes it doesn't seem like the actual manifestation of a desire is happening because we don't see it in the physical realm right away, but it is absolutely manifesting in different realms. It is allowed form in the physical realm once we are ready to receive it (individually and collectively). When the vessel is aligned, open, and clear and the recipient energy is vibrating with the same energy and consciousness as the original creative impulse then creative force can move through us and materialize. Until that matching vibration is available the creative force will not be able to move or manifest fully resulting in a partially fragmented manifestation.

Managing Power

Our capacity to access and create realities could also be very destructive to life herself. Handling this ability is very tricky, because if we take this capacity to understand and manipulate energy, vibration and consciousness and we use it to our detriment this gift will disappear with one atomic bomb or one catastrophic event. Then "life force," which is in the business of furthering life, will take our capacity and all our evolved forms, shapes, beauty and colors and store them in the universal field of consciousness; stored as a possibility but un-enacted until the requisite high level of awareness is manifest. This transformation depends not only on our awareness or the neurological circuitry of our system to carry such higher vibration but also on our capacity to manage this creative power, as defined by the internal and external capacity to influence, create

and manipulate matter into life. Therefore, the more life affirming (life furthering) a vessel is, or a collective of vessels is, the more power, wisdom and creativity is granted; it is granted by life itself.

Each and every one of us is an engineer of new realities; we become architects of life and new possibilities in infinite combination. The “Life Force” experiments with who is allowed the power to create, who can carry the capacity for such power, who has the level of self-mastery, kindness, care, heart and interconnectedness needed to further the art of creating life. Who can be the custodian of that creative force? As I am writing these words I am wondering how much information is given to me and what is the level of my development such that my vessel is able to authentically hold these new emerging capacities. Every moment is pregnant with possibilities for creation and our “human body-being” has the capacity to master internal and external creation to, at will, access, modify and experience any combination of forms, times, realms and dimensions. That mastery is for the sake of furthering and experiencing life. The more conscious we become, the more responsibility we have because of the impact we can make.

The Future of Planet Earth and Our Health

The growing amount of toxins in the air, water and soil are a clear representation and indication of an imbalance and disharmony in our collective psycho-physical system. A disharmonious, declining environment has the innate capacity to transform into a balanced, healthy environment when the conditions of the system “knowing itself” are right. The concept of a system “knowing itself” includes a knowing of the mechanisms, habits and wisdom that has evolved in that system which keep it thriving and creative. The earth is a living breathing system that has this capacity.

Higher vibratory systems that “know” herself includes (1) inner/outer knowing; (2) individual/collective knowing; (3) communication capacities; (4) a sophisticated value system that is based on mutual respectful and coexistent with other systems and is based on the infinite ever expanding nature of the universe. Higher vibratory systems have higher chances of health, vitality and thrive-ability. The more we “know” ourselves, the more we know our collective selves, the more thriving, health, vitality and creativity is possible. Living organisms (animated and unanimated) naturally move toward more life, development and growth. Healing and restoration of the planet will come with the realization and the consistent action aligned with the understanding that we are all body within body, alive and interconnected. In the next coming years with the global awakening, I believe we will learn how to connect with the earth on a whole other level. No longer will the earth be a resource but an actual partner. No longer will the earth be an external foreign entity we use for our own benefit; cutting trees and taking plants, minerals and materials for our own pleasure and disposal. Our relationship will be one where we are in tune with the earth and it’s own spirit/soul/essence, its own energy, and its own health and well-being. I see us developing a way to nurture and care for something greater than ourselves and live collaboratively with the earth. As we evolve into this great intimacy, in return the earth will generate a wonderful, abundant, full of

Chi, life force that moves through all of life to nurture us back. A higher vibration permeating our environment and earth translates into health and well-being in human beings and throughout the entire earth ecosystem.

A few months ago a bumblebee nest was developing in my back yard. I started observing their life as bees and as a bee community with their magical beauty of preparing their nest and home. It occurred to me: could the bees show me how to collaborate? How to go for an early morning tour around the flowers? Although this is a small example there is so much beauty all around us and when that beauty is Seen life reveals itself to us. When a flower is Seen, when an ocean is Seen, when a mountain is Seen, the beauty is majestic and so apparent we are moved. When you see a bee and the intricacy of her body and how she works day and night and how she collaborates with the other bees it is beautiful and moves us toward the recognition that we are all partners in creation; living, loving, creating, and expressing ourselves together.

Intimacy, Presence and Liberation

Intimacy is the capacity to be completely present with another form, whether that is an individual or collective, animated or unanimated. It is the capacity to be intimate and fully present with what arises each moment as the energy comes forth and not waste that energy on any non-present thoughts, ideas, situations, times or places. Anytime our energy moves away from the present moment, we are left with less than 100% energy to co-experience and co-create with whatever is presenting itself. Presence and intimacy is a critical practice if we would like to be conscious creators present with where we are today and with what we would like to create. Power arises in being intimately present with our creation such that we transfer all of our energy from where we are to what we want. What we desire then becomes our present moment. What we intend manifests as what is.

All of the 10,000 transformational and healing practices available to us on the planet are critical to human and planetary evolution. Without the healing of past traumatic experiences and sub-conscious mechanisms operating within us we are creating from a depleted source of energy. Most of our energy is held up in the wound and it's emotional impact. Because of the feeling the wound creates in our body we can never release 100% of our energy toward creating and manifesting our desires.

The world we are creating is one where the “time” that passes from idea to the physical manifestation of the idea is shrinking exponentially and the “quality” of the idea's subsequent form is becoming higher and higher. All forms and living things have a feeling of being part of a larger unfolding, with an innate desire to expand into deeper, wider, higher ways of **knowing ourselves into form**. When our level of awareness reaches a critical mass, there will be a deep desire to liberate that full potential of the creative impulse of life. Nothing less will feel quite enough.

The Future of Leadership

We are currently in the midst of a major transformational process: **the transformation of consciousness**. Until the time that each one of us individually develops a mastery of our capacities, we will be moving through a transitional period in which “**leaders of wisdom**” will guide our individual and collective unfoldment towards enhanced forms and experiences. This “Pantheon of Conscious Leaders” is a forum for life forms; humans, animals, rocks, plants and any other manifested form with the capacity to guide our presence and our evolution. The pantheon has the wisdom and the capacity to know, embody and carry information for the highest good. Wise worldwide leaders are multi-disciplinary, multi-national, multi-geographical, multi-dimensional and multi-formed coming together to care for life and address the most pressing issues of our time spiritually, physically, mentally and emotionally; individually and collectively; locally, globally, planet and galaxy wide.

The “Pantheon of Conscious Leaders” have a capacity to see, know and predict possible futures depending on existing thoughts, collective agreements, collective consciousness and direction of change. They have a profound sense of **the highest good** and will open new paths of perceiving, understanding and being in the world with new paths of creation and liberation. By embodying their wisdom, more and more life forms become aware of them. As we evolve, each of us is able to become our own wise leader whereby dependency on an external leadership is no longer necessary.

The pantheon is respected, it is loved, it is a place of learning; an exemplar like the Oracle of Delphi was for the ancient world. The pantheon encourages a forum for collaborative exchange; a forum for conscious innovators to affect the emergence of new technologies and new vehicles allowing us to feed, protect, fulfill and develop our evolution. This collaborative innovation forum will allow us to collectively address the needs of humanity and our planet to further evolution and further life. There is a relationship between the pantheon leaders of wisdom and the “Pantheon Leaders of Innovation,” in how they compliment and transfer knowledge from one form to another. The “Pantheon of Conscious Leaders” is the channeler of information, love and truth to individuals and collectives. The “Pantheon of Conscious Innovators” is the natural follow up transformation of this knowledge into a vessel and form that continues to be used to further the development of humanity and planet earth. The “Pantheon of Conscious Innovators” produces the vehicle in which the transformation of consciousness from love and creativity into matter occurs. The more we access that knowledge, wisdom, truth and love the more we master the evolutionary process. As said above, the amount of wisdom and information bequeathed to us depends on our evolution and capacity to hold that kind of heart and life supporting vibration. The more our physical individual and collective selves are able to hold that intelligence, the further we can channel wisdom to be able to create and innovate, individually and collectively.

In terms of politics, I envision the people in power being “higher consciousness” people. They are people who have true vision, who have true capacity, who have true compassion and internal and collective awareness of what needs to happen to create

and sustain life affirming systems of governance. The politicians and leaders who are powerfully emerging are those who truly care for the world. Their vision or perspective is a global vision, a global perspective. They do not care only about themselves. They do not care only about their family or their community or their state. They care about the entire globe and all its beings. They are the ones who are volunteering to serve the planet and our global evolution. They are actually leaders of humanity and leaders of human evolution collaborating together as a form of “collective wisdom nations” caring for the good of all beings, the earth, and all countries. Each and every leader volunteers to carry this and serve in this capacity.

Language and Communication

We are currently developing new languages to communicate the experiences we have in different realities to convey intentions, desires, ideas, dreams and aspirations. It is a more visually immediate form of language through non verbal communication like dance, music, science, art, broadband or narrowband telepathy and precognition. We access realms of knowing other single or collective beings that is direct, clear and non interfering as more and more people learn to access their natural, innate, intuitive language. The other day I was with my five-year-old friend Jonah. He shared with me about an image that appeared in front of him, which he described as “green people with curly pants.” His mom asked him what curly pants are and he said, “Daddy is going to draw it.” Jonah with his direct intuitive telepathic connection with his father and knowing his capacity to draw abstract ideas, knew that his father would be able to understand him. That spoke to the type of medium in which we are now able to communicate not only verbal ideas that come to us but things we can imagine: emotional, physical, mental, images, movements, symbols. We are allowing a higher capacity to know things psychically and to psychically communicate with another person, even if we’ve never met or talked to them before. This is a language by itself with more and more capacity to relay information and ideas and intentions remotely, like we do now using the phone or the Internet—but with less verbal/physical/dense language. When we really open ourselves and are ready to receive and transmit, then we recognize that everything that comes into our awareness is actually communicating something about the present moment; a flower, a rock, a chair, a building, a city. It’s up to the vessel carrying the consciousness to decide which reality to enter into, who to communicate with, create with or experience. All objects, all beings, all systems have their own wisdom expressing and broadcasting themselves continuously. What radio station would we chose to tune into next and what experiences are we desiring to have.

Intuitive, virtualized and collaborative technologies are becoming more readily available which is crucial as what we’re creating requires knowledge from many disciplines and experiences. The technological platforms will enable collaboration, simulation and playing with ideas and realms of reality. You could literally enter a room that houses virtual technology that allows you to see, hear and *feel* other people as though they are in the same room, providing seamless collaboration. This technology will let you feel

and connect with other people and know their thoughts and internal systems like a technologically supported telepathic connection.

As technologies evolve into a medium to connect, share and co-create with the entire world humans increasingly master the creation capacity, which eventually yields to a world that will operate on a whole different dimension with the ability to manifest merely from a thought. I tell stories in my speeches about a ring that had disappeared but I imagined its return so intensely that it reappeared in my home. Higher-consciousness stories and conversations and experiences from a higher dimension will be more prevalent as technology allows such expression to become a mass belief. It is becoming...

The Internet is more than just a meeting place for information sharing but a representation of our conscious psychic connection. New technologies are developing giving us the capacity to tap into other dimensions of reality and allowing us to physically see the emergence of these dimensions through this network. For example, when you go to a restaurant, which is nothing more than a reality, a building, you enter and place your order, which consists of 20 or more different ingredients that have been shipped from the four corners of the globe, and the dish you ordered shows up on your plate within minutes tailored exactly to your desires. This is the immediacy of how realities and desires materialize into form.

SUMMARY

As we are entering a new phase in our evolution called the “consciousness age”; an age in which consciousness is the field, language, vehicle and essence through which we design, create and enter into new realities. This age has been developing for many years, unconsciously, yet now humans are becoming aware of their awareness. For thousands of years, as humanity moved from the hunter-gatherer age through to the agricultural, industrial, and information ages, we have been developing new capacities as processing beings for creating new realities to live into.

Agricultural, industrial and informational ages describe collective developmental patterns, grooves or trends we have emerged into throughout history that represent the critical mass of each creative time. We have arrived to a point in our evolution where we are “life aware of itself”, that we through our own being and becoming are the expression of life moving through us in every moment of unfolding. This is not limited to only one person, or enlightened being or guru but encompasses our entire culture and collective which is at such a point of awareness. The question becomes then what does it mean to be living through an information age emerging into a consciousness age and what new global evolutionary systems are calling themselves to emerge?

In series essays found on consciousbusinesscenter.com we will continue to explore together:

- 1) What type of "spiritual machines" are we developing into?
- 2) How does expansion of consciousness grounded in the physical realm allow us to access new realities?
- 3) What capacities or qualities are we called to master as a species? How does the integration of philosophy, business, mathematics, physics, biology, engineering, art, music, dance, imagination and social networking reveal the nature of our world becoming and unfolding in front of our eyes?
- 4) What is the significance of the relationships between our personal vessel, our collective vessel and the systems we create?
- 5) How can the integration of mind-body-spirit-soul-heart-culture-nature relationships guide us toward conscious evolution?
- 6) What is the role and power of business in this magnificent creation called life?